

Brussels FMWR March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Girls W.O.D.s Challenge 3 vs 3 Basketball Tournament @Fitness Center</p> <p>Spring Soccer Enrollments @CYS Spring-O-Saurus At-Home-Photo Contest @Library</p>		<p>1 Sponsorship Training 9AM Employment Networking/ Online Resources/ Self-Marketing 9:30AM @ACS Functional Fitness 9:15AM @Fitness Center Spring-O-Saurus Story Time 3:30PM Crafternoon 4PM @Library</p>	<p>2 Improving Your Sleep/Dressing For Success 10AM Pump It Up 10:30AM Yoga 12:30PM @Fitness Makerspace 11AM @Library</p>	<p>3 Core and Hit 9:15AM @Fitness Center OPOC/VMIS Training 2PM@ACS First Friday Fun 4PM @3 Star</p>	
5	<p>6 Functional Fitness 9:15AM @Fitness Center</p>	<p>7 Pump It Up 10:30AM Yoga 12:30PM @Fitness Permanent Change of Station 9AM Lets Talk About Sex 2PM @ACS Adult Book Club 11:30AM @Library</p>	<p>8 Functional Fitness 9:15AM @Fitness Spouse Sponsorship Training 9AM EPC Informational Brief 11AM @ACS Lego Time 11AM @Library</p>	<p>9 Community Host Nation Orientation 9AM Pump It Up 10:30AM Yoga 12:30PM @Fitness Puzzlepalooza 11AM @Library</p>	<p>10 Core and Hit 9:15AM @Fitness Center OPOC/VMIS Training 2PM@ACS Karaoke Night 6PM @3 Star</p>	11
12	13	<p>14 Vesting in TSP 9AM@ACS Pump It Up 10:30AM Yoga 12:30PM @Fitness</p>	<p>15 Functional Fitness 9:15AM @Fitness The Stars are Lined Up for Military Spouses@ 10AM @ACS Puzzlepalooza 11AM @Library Parent Advisory Committee 5PM @CYS</p>	<p>16 Pump It Up 10:30AM Yoga 12:30PM @Fitness Makerspace 11AM @Library</p>	<p>17 Core and Hit 9:15AM @Fitness OPOC/VMIS Training 2PM@ACS St. Patrick's Run 3PM@Fitness Art Attack 6PM@Library</p>	<p>18 Training for Federal Jobs Applications 10AM @ACS</p>
<p>19 Spring-o -Saurus Movie & Archeological Dig 1PM @Library</p>	<p>20 Functional Fitness 9:15AM @Fitness Center</p>	<p>21 Continuation Pay 9AM Stress Management- Meditation 10AM @ACS Pump It Up 10:30AM Yoga 12:30PM @Fitness</p>	<p>22 Functional Fitness 9:15AM@Fitness Center Lego Time 11AM @Library</p>	<p>23 Pump It Up 10:30AM Yoga 12:30PM @Fitness Puzzlepalooza 11AM @Library</p>	<p>24 Core and Hit 9:15AM @Fitness Center City Madness 9AM OPOC/VMIS Training 2PM@ACS</p>	25
<p>26 Smorgasbord of Fun 11AM Family Movie Time 2PM @Library</p>	<p>27 Functional Fitness 9:15AM @Fitness Center Ted Talks Tuesday BYOL 12PM @Library</p>	<p>28 Promotion 9AM @ACS Pump It Up 10:30AM Yoga 12:30PM @Fitness</p>	<p>29 Functional Fitness 9:15AM @Fitness Spring-o-Saurus Archeological Dig 11AM Story Time 15:30PM Crafternoon 4PM @Library</p>	<p>30 Pump It Up 10:30AM Yoga 12:30PM @Fitness Makerspace 11AM @Library</p>	<p>31 Core and Hit 9:15AM @Fitness OPOC/VMIS Training 2PM@ACS Trivia Night 6PM @3 Star</p>	

For more information, visit: chievres.armymwr.com

DATES ARE SUBJECT TO CHANGE

