

# Brussels FMWR August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CORE Challenge for the month of August @Fitness	Summer Reading Program ends August 13  CYS Fall Soccer Season CYS Run Group	1 Gold Star Children's Day  Build with Bricks 11AM @Library	2 Spouse Sponsorship Training(V) 9AM Sponsorship Training(V) 2PM  Mermaid Movie Time 2:30PM Story Time & Crafternoon 3:30PM @Brussels Library	3 Community & Host Nation Orientation(P) 9AM @ACS  Name It To Tame It 10AM@ACS  Makerspace 11AM @Library  BOSS Installation Meetings 3PM@HQ	4 First Friday Fun 4PM @3 Star  OPOC/VMIS Training 2PM @ACS	5 Youth Sponsorship Trip 11AM @CYS
6	7 Family Game Day 11AM @Library  Functional Fitness 9:15AM @Fitness Center	8 Pump It Up 10:30AM @Fitness  Puzzlepalooza 11AM @Library	9 Functional Fitness 9:15AM Barbell Class 4PM@Fitness  Employment Assistance(V) 9AM EPC Informational Brief 11AM @ACS  Pete the Cat Summer Reading Program Closing Party 2:30 @Library	10 Dressing for Success(V) 10AM @ACS  Pump It Up 10:30AM @Fitness  Build with Bricks 11AM @Library	11 Hail & Farewell Night 4PM Karaoke Night 6PM @3 Star	12 Fun For Families- Pairi Daiza @CYS
13	14 Functional Fitness 9:15AM @Fitness Center	15 Editing Resume(V) 10AM Stress Management-Meditation 11AM @ACS  Pump It Up 10:30AM @Fitness	16 Functional Fitness 9:15AM Barbell Class 4PM@Fitness  Ten Steps to a Federal Job@ (V) 9:30AM @ACS  Makerspace 11AM @Library	17 Pump It Up 10:30AM @Fitness  Puzzlepalooza 11AM @Library  BOSS Installation Meetings 3PM@HQ	18 BAS and CYS Open House 9AM @CYS  OPOC/VMIS Training 2PM @ACS  BOSS Life Skill Basic Auto Skills 2PM @Auto Skills	19
20	21 <b>First Day of School</b> Functional Fitness 9:15AM @Fitness Center	22 Pump It Up 10:30AM @Fitness	23 Functional Fitness 9:15AM Barbell Class 4PM@Fitness  Build with Bricks 11AM @Library	24 Pump It Up 10:30AM @Fitness  Makerspace 11AM @Library	25 OPOC/VMIS Training 2PM @ACS  Welcome to Brussels EXPO 3PM Board Game Night 6PM @3 Star	26
27	28 Functional Fitness 9:15AM @Fitness Center  Smorgasbord 11AM @Library	29 Pump It Up 10:30AM @Fitness  Ted Talks Tuesday BYOL 12PM @Library	30 Functional Fitness 9:15AM Barbell Class 4PM @Fitness  Puzzlepalooza 11AM @Library	31 City Madness(P) 9AM @ACS  Pump It Up 10:30AM @Fitness  Build with Bricks 11AM @Library	<p>***For ACS Events, Pre-registration required. Email: <a href="mailto:usarmy.benelux.id-europe.mbx.dhr-ac@army.mil">usarmy.benelux.id-europe.mbx.dhr-ac@army.mil</a> (V) Virtual   (P) In-Person</p>	

For more information, visit: [brussels.armymwr.com](https://brussels.armymwr.com)

DATES ARE SUBJECT TO CHANGE

