

# Brussels FMWR July 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>USAG Benelux</b> Experience of a Lifetime July 24-27 @CYS</p>	<p>Summer Reading Program June 12 - August 13</p> <p>Summer Reading Program Brussels Comic Strip June 11 - September 1</p>	<p><b>HIIT Challenge</b> for the month of July @Fitness</p>	<p><b>Summer Camp</b> Grades K-12 June 12 - August 18</p>	<p><b>CYS Fall Soccer</b> Enrollments June 5 - August 18</p> <p><b>Run Group Enrollments</b> July 10 - August 21</p>	<p>Tuesday, Wednesday, Friday: 3 Star Lunch 11:30AM-1:30PM</p>	<p><b>1 U.S. Independence</b> Day Block Party 2-9PM@3 Star</p>	
2	3 Family Game Day 11AM @Library	4 <b>Independence Day</b>	5 Functional Fitness 9:15AM Barbell Class 4PM@Fitness Employment Networking 9:30@ACS (Virtual) Viking Story Time, Crafternoon and Music 2:30PM @Library	6 Dressing For Success & Assertiveness Training 10AM@ACS (Virtual) Pump It Up 10:30AM @Fitness Gazebo Outreach-Axe Art 12PM@Library BOSS Installation Meetings 3PM@HQ	7 EFMP Support Group 9AM@ACS Core and Hit 9:15AM @Fitness  OPOC/VMIS Training 2PM@ACS (Virtual)	8	
9	10	11 Pump It Up 10:30AM @Fitness  Build with Bricks 11AM @Library	12 Sponsorship & Spouse Training 9AM&1:30PM EPC Informational Brief 11AM @ACS (Virtual) Functional Fitness 9:15AM Barbell Class 4PM@Fitness Summer Reading Program Story Time, Music & Crafternoon 12:30PM @Library	13 Community & Host Nation Orientation 9AM@ACS Puzzlepalooza 11AM @Library Pump It Up 10:30AM @Fitness	14 Core and Hit 9:15AM @Fitness  OPOC/VMIS Training 2PM@ACS (Virtual)  Hail & Farewell 4PM@3 Star	15	
16	17	18 Pump It Up 10:30AM @Fitness Parental Stress 11AM @ACS(Virtual)  Makerspace 11AM @Library	19 Functional Fitness 9:15AM Barbell Class 4PM@Fitness  J's Popcorn & Paw Patrol™ 2:30PM@Library	20 City Madness 9AM@ACS Pump It Up 10:30AM @Fitness Gazebo Outreach- Find your Voice 12PM@Library BOSS Installation Meetings 3PM@HQ	21 Core and Hit 9:15AM @Fitness  OPOC/VMIS Training 2PM@ACS (Virtual)  Solider & Readiness Training @ACS	22	
23	24 Functional Fitness 9:15AM @Fitness Center	25 <b>ACS Birthday</b> Pump It Up 10:30AM @Fitness	26 Functional Fitness 9:15AM Barbell Class 4PM@Fitness  Story Time and Kindness Rocks Crafternoon 2:30PM @Library	27 Puzzlepalooza 11AM @Library  Pump It Up 10:30AM @Fitness	28 Core and Hit 9:15AM @Fitness  OPOC/VMIS Training 2PM@ACS (Virtual) Trivia Night 6PM @3 Star	29	
30	31 Functional Fitness 9:15AM @Fitness Center  Smorgasbord 11AM @Library	<p><b>***Pre-registration required for ACS Events.</b> <b>Email: <a href="mailto:usarmy.benelux.id-europe.mbx.dhr-acs@army.mil">usarmy.benelux.id-europe.mbx.dhr-acs@army.mil</a></b></p>					

For more information, visit: [brussels.armymwr.com](https://brussels.armymwr.com)

DATES ARE SUBJECT TO CHANGE

