

Brussels FMWR November 2023

NOVEMBER IS
MILITARY FAMILY
-APPRECIATION MONTH-

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CYS WINTER Basketball 23/24 Cheerleading Oct. 3 - Nov. 30	Deadlift Challenge November @ Fitness	CYS Winter Archery November 1, 8, 15, 29 CYS Piano Lesson 8, 15, 22, 29 @CYS	1 Functional Fitness 9:15AM @Fitness StoryTime 3:30PM Crafternoon 4PM	2 Employment Readiness Dress, Interview, Offer/ Negotiation Training (P) 10AM @ ACS Makerspace 11AM Adult Book Club 11:30AM @Library Barbell Class 4PM@Fitness BOSS Installation Meeting 3PM @BOSS	3 OPOC/VMIS Training (V) 9AM @ACS HIIT 9:15AM @Fitness Parents Night Out 6:30PM @CYS CDC/SAC	4 Jiu-Jitsu 10AM @Fitness
5 Family Game Day 11AM @Library	6 Functional Fitness 9:15AM @Fitness	7 Barbell Class 4PM @Fitness	8 Functional Fitness 9:15AM Jiu-Jitsu 4:15PM @Fitness EPC Informational Brief (V) 11AM @ACS Build with Bricks 11AM @Library	9 Puzzlepalooza 11AM @Library Barbell Class 4PM @Fitness	10 Veterans/ Armistice Day Observed Closures 3 Star Library Fitness (24/7) CYS	11 Veterans/ Armistice Day
12	13	14 Barbell Class 4PM @Fitness	15 Functional Fitness 9:15AM @Fitness Puzzlepalooza 11AM @Library	16 Community & Host Nation Orientation 9AM @ACS Makerspace 11AM @Library Barbell Class 4PM @Fitness BOSS Installation Meeting 3PM @BOSS	17 City Madness 9AM Soldier & Family Readiness Group Training (MDSSO) OPOC/VMIS Training (V) 9AM @ACS HIIT 9:15AM @Fitness	18 Jiu-Jitsu 10AM @Fitness
19 Makerspace 11AM Sunday StoryTime & Crafternoon 1PM @Library	20 Functional Fitness 9:15AM @Fitness	21 Barbell Class 4PM @Fitness	22 Sponsorship (V) 9AM Spouse Sponsorship T. 11AM (V) 11AM @ACS Build Bricks 11AM @Library Functional Fitness 9:15AM Turkey W.O.D. 3PM Jiu-Jitsu 4:15PM@Fitness Community Thanksgiving 3PM @3 Star	23 Thanksgiving Closures 3 Star Library Fitness (24/7) CYS	24 3 Star Closed CYS Closed OPOC/VMIS Training (V) 9AM @ACS HIIT 9:15AM @Fitness	25
26 Library Closed	27 Functional Fitness 9:15AM @Fitness	28 Ted Talk Tuesdays BYOL 12PM @Library Barbell Class 4PM @Fitness	29 Functional Fitness 9:15AM @Fitness Makerspace 11AM @Library	30 Build with Bricks 11AM @Library Barbell Class 4PM @Fitness	***For ACS Events, Pre-registration required. Email: usarmy.benelux.id-europe.mbx.dhr-acs@army.mil (V) Virtual (P) In-Person	

For more information, visit: brussels.armymwr.com

DATES ARE SUBJECT TO CHANGE

