



**CHILDREN'S EYE
HEALTH AND SAFETY
MONTH**

Brussels FMWR August 2022

**BACK TO
SCHOOL
MONTH**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>August Summer Reading Read Beyond the Beaten Path @Library</p> <p>Fall Soccer Enrollments June 27 - August 20</p> <p>Fall Archery Enrollments June 17 - August 19</p> <p>Homeschool P.E. Enrollments August 1 - August 31 @CYS</p>	<p>1 Functional Fitness 9:15AM @Fitness Center</p>	<p>2 Pump It Up 10AM Yoga 11:30AM @Fitness Center</p> <p>Facebook Live 10:30AM @Library</p>	<p>3 Workout Wednesdays Functional Fitness 9:15AM @Fitness Center</p> <p>StoryTime 1PM Crafternoon 1:30PM @Library</p>	<p>4 Pump It Up 10AM Yoga 11:30AM @Fitness Center</p>	<p>5 Core and Hit 8:45AM @Fitness Center</p> <p>First Friday Fun 6PM @3 Star</p>	<p>6</p>
<p>7</p>	<p>8 Functional Fitness 9:15AM @Fitness Center</p> <p>Curbside Crafts @Library</p>	<p>9 Pump It Up 10AM Yoga 11:30AM @Fitness Center</p> <p>Facebook Live 10:30AM @Library</p>	<p>10 Workout Wednesdays Functional Fitness 9:15AM @Fitness Center</p> <p>StoryTime 1PM Crafternoon 1:30PM @Library</p>	<p>11 Pump It Up 10AM Yoga 11:30AM @Fitness Center</p> <p>Gazebo Outreach 12PM @Library</p>	<p>12 Training Holiday</p> <p>Karaoke Night 6PM@3 Star</p>	<p>13</p>
<p>14 Summer Reading Last day to log "minutes read"</p>	<p>15 Assumption Day Training Holiday</p>	<p>16 Pump It Up 10AM Yoga 11:30AM @Fitness Center</p>	<p>17 Workout Wednesdays Functional Fitness 9:15AM @Fitness Center</p>	<p>18 Pump It Up 10AM Yoga 11:30AM @Fitness Center</p>	<p>19 Core and Hit 8:45AM @Fitness Center</p> <p>Welcome Expo 1PM @3 Star</p>	<p>20</p>
<p>21</p>	<p>22 Functional Fitness 9:15AM @Fitness Center</p>	<p>23 Pump It Up 10AM Yoga 11:30AM @Fitness Center</p>	<p>24 Workout Wednesdays Functional Fitness 9:15AM @Fitness Center</p>	<p>25 Pump It Up 10AM Yoga 11:30AM @Fitness Center</p>	<p>26 Core and Hit 8:45AM @Fitness Center</p> <p>Trivia Night 6PM@3 Star</p>	<p>27</p>
<p>28</p>	<p>29 Functional Fitness 9:15AM @Fitness Center</p>	<p>30 Tabata & Cardio Circuits 8:45AM Pump It Up 10AM Yoga 11:30AM @Fitness Center</p>	<p>31 Workout Wednesdays Functional Fitness 9:15AM @Fitness Center</p>			

For more information, visit: brussels.armymwr.com

DATES ARE SUBJECT TO CHANGE

