

# Brussels FMWR March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>***For ACS Events, Pre-registration required. Email: usarmy.benelux.id-europe.mbx.dhr-acs@army.mil (V) Virtual   (P) In-Person</p>		<p><b>Fitness Center March Challenges:</b> St. Patrick's W.O.D. Girls W.O.D.s 1, 5, 10 or 15 Pullups Daily</p> <p><b>Library Spring-O-Saurus Month</b> <b>Library Teen Tech Week /Makerspace and Activities: March 3 - 7</b></p>		<p>1 9:15AM HIIT @Fitness</p>	<p>2 11AM Jiu-jitsu @Fitness</p>	
<p>3 11AM Family Game Day @Library</p>	<p>4 9:15AM Functional Fitness @Fitness</p>	<p>5 9AM Sponsorship Training(V) @ACS  4PM Barbell Class @Fitness</p>	<p>6 9AM Employment Assistance(V) @ACS 9:15AM Functional Fitness @Fitness 12PM Jiu-jitsu @Fitness 2PM Virtual Career Expo(V) @ACS 3:30PM Spring-O-Saurus StoryTime @Library 4PM Spring-O-Saurus Crafternoon @Library</p>	<p>7 10AM Dressing for Success(V) @ACS 11AM Build with Bricks @Library 11:30AM Adult Book Club @Library 3PM BOSS Installation Meeting @HQ 4PM Barbell Class @Fitness</p>	<p>8 9:15AM HIIT @Fitness  4PM Hail &amp; Farewell Night @3 Star</p>	<p>9 11AM Jiu-jitsu @Fitness</p>
<p>10 11AM Build with Bricks @Library</p>	<p>11 9:15AM Functional Fitness @Fitness</p>	<p>12 10AM Spouse Sponsorship Training(V) @ACS  4PM Barbell Class @Fitness</p>	<p>13 9:15AM Functional Fitness @Fitness 11AM EPC Informational Brief(V) @ACS 12PM Jiu-jitsu @Fitness 3:30PM BRXsels Story Time &amp; Calming/Meditation Story Time @Library(ACS) 5PM PAB Meeting @CYS Spaghetti Dinner @CYS</p>	<p>14 Celebrate PI Day @Library 9AM Community &amp; Host Nation Orientation(V) @ACS  4PM Barbell Class @Fitness</p>	<p>15 NATO Cave Limburg &amp; Maastricht @BOSS 9AM City Madness(P) @ACS 9AM Soldier &amp; Family Readiness Group Training (MDSSO) @ACS 9:15AM HIIT @Fitness 3PM SLO Youth Sponsorship Event @CYS</p>	<p>16 11AM Eggstravaganza @CYS 11AM Jiu-jitsu @Fitness</p>
<p>17 <b>St. Patrick's Day</b> 1PM Spring O Saurus Story Time &amp; Excavation Dig  1:30PM Spring O Saurus Crafternoon @Library</p>	<p>18 9:15AM Functional Fitness @Fitness</p>	<p>19 4PM Barbell Class @Fitness</p>	<p>20 9:15AM Functional Fitness @Fitness 12PM Jiu-jitsu @Fitness 3:30PM Spring O Saurus Story Time &amp; Excavation Dig  4PM Spring O Saurus Crafternoon @Library</p>	<p>21 11AM Makerspace @Library  3PM BOSS Installation Meeting @HQ 4PM Barbell Class @Fitness</p>	<p>22 9:15AM HIIT @Fitness</p>	<p>23 9AM March Madness 3x3 @BAS(Fitness) 11AM Jiu-jitsu @Fitness</p>
<p>24 11AM Makerspace @Library</p>	<p>25 9:15AM Functional Fitness @Fitness</p>	<p>26 12PM Ted Talks Tuesdays BYOL @Library  4PM Barbell Class @Fitness</p>	<p>27 9:15AM Functional Fitness @Fitness 11AM Puzzlepalooza @Library 12PM Jiu-jitsu @Fitness 1PM Mommy/Daddy 101 @Library</p>	<p>28 11AM Build with Bricks @Library  4PM Barbell Class @Fitness</p>	<p>29 <b>Good Friday</b> 9:15AM HIIT @Fitness  6PM Trivia Night @3 Star(Library)</p>	<p>30 11AM Jiu-jitsu @Fitness</p>
<p>31 11AM Smorgasbord of Fun 2:30PM Family Movie Time @Library</p>						

For more information, visit: [brussels.armymwr.com](https://brussels.armymwr.com)

DATES ARE SUBJECT TO CHANGE

