

Brussels FMWR September 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Preparedness Month	***For ACS Events, Pre-registration required. Email: usarmy.benelux.id-europe.mbx.dhr-acs@army.mil (V) Virtual (P) In-Person		Tiny Art Show @Library 10000 Steps a day Challenge @Fitness	CYS Run Group September 5 - October 17 CYS Winter Archery League Registration	1 HIIT 9:15AM @Fitness OPOC/VMIS Training 2PM @ACS First Friday Fun 4PM @3 Star	2
3	4 Labor Day	5 Adult Book Club-Annual Social 11:30 @3 Star Barbell Class 4PM @Fitness	6 Sponsorship Training(V) 9AM @ACS Functional Fitness 9:15AM @Fitness StoryTime 3:30PM Crafternoon 4PM @Library	7 Makerspace 11AM 11:30AM @Library BOSS Installation Meeting 3PM@HQ Barbell Class 4PM@ Fitness	8 HIIT 9:15AM @Fitness OPOC/VMIS Training 2PM @ACS Hail & Farewell Night 4PM Karaoke Night 6PM @3 Star	9 9/11 Memorial Climb 9AM @Fitness
10 Build with Bricks 11AM @Library	11 Functional Fitness 9:15AM @Fitness Center	12 Barbell Class 4PM @Fitness	13 Spouse Sponsorship Training(V) 9AM EPC Informational Brief 11AM @ACS Functional Fitness 9:15AM @Fitness Build with Bricks 11AM @Library Parent Advisory Board Meeting Family Paint Night 5PM @CYS	14 Community & Host Nation Orientation(P) 9AM @ACS Puzzlepalooza 11AM @Library Row Machine Challenge 12PM Barbell Class 4PM @Fitness	15 Chievres Air Base Fest Route 56 4-10PM HIIT 9:15AM @Fitness Brussels By Train 9AM OPOC/VMIS Training 2PM @ACS Parents Night Out CDC/SAC- Glamping 6:30PM @CYS	16 Chievres Air Base Fest Route 56 11AM-10PM Route 56 Car Show 11AM - 8PM AFE Tour- American Authors 8PM @Chievres Air Base
17 StoryTime 1PM Crafternoon 1:30PM @Library	18 Functional Fitness 9:15AM @Fitness Center	19 Stress Management 11AM @ACS Barbell Class 4PM @Fitness	20 Spouse Sponsorship Training(V) Sponsorship Training(V) 9&10:30AM @ACS Functional Fitness 9:15AM @Fitness Puzzlepalooza 11AM @Library	21 Makerspace 11AM @Library BOSS Installation Meeting 3PM@HQ Barbell Class 4PM @Fitness	22 HIIT 9:15AM @Fitness City Madness(P) 9AM OPOC/VMIS Training 2PM @ACS NCO Appreciation Meal 2023 11AM BOSS Life Skill Cooking For You 2:30PM @3 Star	23
24 Gold Star Mother's and Family Day Smorgasbord 11AM Family Movie Time 2PM @Library	25 Functional Fitness 9:15AM @Fitness Center	26 Ted Talks BYOL 12PM @Library Barbell Class 4PM @Fitness	27 Functional Fitness 9:15AM @Fitness Build with Bricks 11AM @Library	28 Puzzlepalooza 11AM @Library Barbell Class 4PM @Fitness	29 HIIT 9:15AM @Fitness OPOC/VMIS Training 2PM @ACS Movie Night 6PM @3 Star Family Movie Night 6:30PM @CYS	30

For more information, visit: brussels.armymwr.com

DATES ARE SUBJECT TO CHANGE

