

Brussels FMWR January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 New Years Observed	3 Permanent Change of Station 9AM @ACS Pump It Up 11AM Yoga 11:30AM @Fitness Center Adult Book Club 11:30AM @Library	4 StoryTime 3:30PM Crafternoon 4PM @Library	5 Sponsorship Training 10AM Discovering your ACE 10AM Dressing for Success, Interviewing and Offer/Negotiation 10AM Newborn Network 2PM @ACS Makerspace 11AM @Library Pump It Up 11AM Yoga 11:30AM @Fitness Center	6 Core & Hit 8:45AM @Fitness Center First Friday Fun 4PM @3 Star	7
8 Makerspace 11AM @Library	9 Spouse Sponsorship Training 9AM @ACS Functional Fitness 9:15AM @Fitness Center	10 Vesting in the TSP 9AM @ACS Resolution Fitness 10AM Pump It Up 11AM Yoga 11:30AM @Fitness Center	11 The Stars Are Lined Up For Military Spouses 10AM @ACS Lego Time 11AM @Library EPC Informational Brief 11AM @ACS	12 Host Nation Orientation 9AM Hearts Apart 12PM Newborn Network 2PM @ACS Puzzlepalooza 11AM @Library Pump It Up 11AM Yoga 11:30AM @Fitness Center	13 CYS Closed Core & Hit 8:45AM @Fitness Center Karaoke Night 6PM @3 Star	14
15	16 Functional Fitness 9:15AM @Fitness Center	17 Continuation Pay 9AM Stress Management 10AM Incident Determination Committee 1PM @ACS Resolution Fitness 10AM Pump It Up 11AM Yoga 11:30AM @Fitness Center	18 Functional Fitness 9:15AM @Fitness Center Puzzlepalooza 11AM @Library	19 Senior Leaders Domestic Violence Seminar 9AM Newborn Network 2PM @ACS Makerspace 11AM @Library Pump It Up 11AM Yoga 11:30AM @Fitness Center	20 Core & Hit 8:45AM Resolution Fitness 10AM @Fitness Center	21
22 Sunday Story Time 1PM Crafternoon 1:30PM @Library	23 Functional Fitness 9:15AM Pull Up Challenge 1PM @Fitness Center	24 Promotion 9AM Let's Talk About Sex 2PM @ACS Resolution Fitness 10AM Pump It Up 11AM Yoga 11:30AM @Fitness Center	25 Lego Time 11AM @Library Working Parents Social 4PM @ACS	26 Puzzlepalooza 11AM @Library Pump It Up 11AM Yoga 11:30AM @Fitness Center Newborn Network 2PM @ACS	27 City Madness 9AM @ACS Core & Hit 8:45AM @Fitness Center Trivia Night 6PM @3 Star	28
29 Smorgasbord of Fun 11AM @Library	30 Functional Fitness 9:15AM @Fitness Center	31 Pump It Up 11AM Yoga 11:30AM @Fitness Center				

For more information, visit: brussels.armymwr.com

DATES ARE SUBJECT TO CHANGE

