

Brussels FMWR April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Easter Monday	2 9AM Sponsorship Training(V) @ACS 4PM Barbell Class @Fitness	3 9AM Employment Assistance(V) @ACS 9:15AM Functional Fitness @Fitness 12PM Jiu-jitsu @Fitness 3:30PM Story Time @Library 4PM Crafternoon @Library	4 10AM Dressing for Success(V) @ACS 11AM Build It with Bricks @Library 11:30AM Adult Book Club @Library 3PM BOSS Installation Meeting @HQ 4PM Barbell Class @Fitness	5 Gold Star Spouses' Day 9:15AM HIIT @Fitness	6 10AM Jiu-jitsu @Fitness
7 11AM Family Game Day @Library	8 9:15AM Functional Fitness @Fitness	9 10AM Spouse Sponsorship Training(V) @ACS 4PM Barbell Class @Fitness	10 9:15AM Functional Fitness @Fitness 11AM EPC(V) @ACS 11AM Makerspace @Library 12PM Jiu-jitsu @Fitness	11 9AM Community & Host Nation Orientation(V) @ACS 11AM Puzzle Palooza @Library 4PM Barbell Class @Fitness	12 9:15AM HIIT @Fitness 4PM Hail & Farewell Night @3 Star	13 10AM Jiu-jitsu @Fitness
14 11AM Build It with Bricks @Library	15 9:15AM Functional Fitness @Fitness	16 4PM Barbell Class @Fitness	17 9:15AM Functional Fitness @Fitness 10AM Ten Steps to a Federal Job(V) @ACS 11AM Puzzle Palooza @Library 12PM Jiu-jitsu @Fitness	18 11AM Build It with Bricks @Library 3PM BOSS Installation Meeting @HQ 4PM Barbell Class @Fitness	19 9AM City Madness(P) @ACS 9AM Soldier & Family Readiness Group Training (MDSSO) @ACS 9:30AM Ski Lessons @Landgraaf, NLD(BOSS) 5PM First Responders BBQ Day @3 Star 5:30PM Purple Up! Run & BBQ @CYS	20 10AM Jiu-jitsu @Fitness 10:30AM English Bookstore & Some Walking Tour @Library
21 1PM Story Time @Library 1:30PM Crafternoon @Library	22 11AM Celebrate Earth Day with Crafts and Activities @Library	23 4PM Barbell Class @Fitness	24 9:15AM Functional Fitness @Fitness 10AM Parenting Workshop(P) @ACS 11AM Build It with Bricks @Library 12PM Jiu-jitsu @Fitness 1PM Mommy/Daddy 101 @Library	25 11AM Makerspace @Library 4PM Barbell Class @Fitness	26 9:15AM HIIT @Fitness 6PM Art Attack @3 Star(Library)	27 10AM Jiu-jitsu @Fitness
28 11AM Smorgasbord of Fun @Library 2PM Family Movie Afternoon @Library	29 9:15AM Functional Fitness @Fitness	30 12PM Ted Talks Tuesdays BYOL @Library 4PM Barbell Class @Fitness	Young Poetry Month Contest @Library National Library Week April 7 - 13 @Library 100 Squats Daily @Fitness Volunteer Appreciation Week April 21 - 27 CYS Spirit Week April 22 - 26		***For ACS Events, Pre-registration required. Email: usarmy.benelux.id-europe.mbx.dhr-ac@army.mil (V) Virtual (P) In-Person	

For more information, visit: brussels.armymwr.com

DATES ARE SUBJECT TO CHANGE

